

A Guide to Prayer for the Lenten Season, Week 4

We Are a People of Prayer

Have you made prayer too complicated? Where do you sense Jesus inviting you into more freedom in your prayer life? (James 5:13-17)

Unconfessed Sin Hinders Our Prayers (Isaiah 59:2)

“Holy God, my unconfessed sin hurts me and hinders our relationship. I confess my specific sins to you, knowing that when I do, you hear, heal and restore my soul. you align my thoughts with your thoughts.”

Unforgiveness Hinders Our Prayers (Ephesians 4-31-32)

“Loving Father, make me aware of bitterness that I am holding towards others. I realize that this attitude hinders community. Help me to choose connection over my emotions.”

Forgiveness is An Act of Obedience (Colossians 3:13)

“Oh God, I understand that the choice to forgive is for my sake as well as others. Help me to choose obedience daily. This choice will free me!”

There is No Condemnation in Christ Jesus (Romans 8:1)

“Matchless King, as I make this choice to live by your model, help me to refuse the attack of our enemy’s accusations and temptations. Your intention is that I walk in freedom!”

Stand Strong in the Lord (Ephesians 6:10-11)

“Gracious Lord, strengthen me with your mighty power! Help me to cloth myself daily with your armor and be aware of how our enemy makes advances to strip me of your protection.”

Clothe Yourself in His Attributes (Colossians 3:12-14)

“Precious Lord, I know that you are always there! I am in awe of who you are. Dress me in your compassion, kindness, humility, gentleness and patience.”

Pray in the Spirit (Ephesians 6:18)

“I love you, Lord. May I be willing to lose myself in your presence! Make me able to pray through concerns that often get hidden or forgotten in the routines of life.”